

VERO BEACH TRIATHLON - START TIMES*

* Triathlon age is based on your age on 12/31

WAVE	START TIME	CAP COLOR	RACE	DESCRIPTION
1	7:15 AM	GOLD	OLYMPIC	ALL AGE GROUP MEN
2	7:18 AM	LT BLUE	OLYMPIC	ALL AGE GROUP WOMEN, AQUABIKES, & OLYMPIC RELAYS
3	7:55 AM	GREEN	SPRINT	AGE GROUP MEN 49 & UNDER
		ORANGE		
4	7:58 AM	WHITE	SPRINT	AGE GROUP MEN 50 & OVER, SPRINT RELAY TEAMS
		YELLOW		
		RED		
		PINK		
5	8:01 AM	PINK	SPRINT	ALL AGE GROUP WOMEN
		PURPLE		