

# SUNSET TRIATHLON-DUATHLON-5K - START TIMES\*

\* Triathlon age is based on your age on 12/31

WAVE	START TIME	CAP COLOR	RACE	DESCRIPTION
1	6:15 PM	GOLD	SPRINT	ALL SPECIAL OLYMPIC ATHLETES AND UNIFIED PARTNERS
2	6:22 PM	PURPLE	SPRINT	ALL AGE GROUP MEN 49 & UNDER
DU	6:24 PM	N/A	DUATHLON	ALL DUATHLETES
3	6:25 PM	GREEN	SPRINT	AGE GROUP MEN 50 & OVER, CLYDESDALES, AQUABIKE, & RELAY TEAMS
4	6:28 PM	PINK	SPRINT	AGE GROUP WOMEN & ATHENA
5	6:31 PM	WHITE	SPRINT	FRIENDSHIP WAVE
5K	6:40 PM	N/A	5K	ALL 5K RUNNERS